

**CURRICULUM VITAE
OF
LISA LEWIS ARANGO
305.807.2151
arangol@fiu.edu**

EDUCATION

Ph.D.	Florida International University	Psychology	2003
M.S.	Florida International University	Psychology	2001
M.S.	Florida International University	Counselor Education	1996
B.S.	Florida State University	Psychology	1991

LICENSURE

-Licensed Mental Health Counselor- Since 1999, License # MH-5070.

-Qualified Clinical Supervisor- Since 2004, approved by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling.

FULL-TIME ACADEMIC EXPERIENCE

Florida International University	Senior Instructor	Psychology	April 2012-
Florida International University	Instructor	Psychology	August 2005- 2012
Florida International University	Visiting Instructor	Psychology	August 2003- August 2005

**Counseling Psychology Masters Program Director
FIU Department of Psychology, 2003-Present**

Provide direction and oversight of the Counseling Psychology masters program. In this role I also teach courses and provide clinical training and supervision, advising and mentoring, and oversee the \$800,000 program budget.

CLINICAL EXPERIENCE

Private Practice	Psychotherapist	1999-
Perspectives in Mental Health	Program Director	1999-2003
CHARLEE Program	Clinical Coordinator	1989-1999
CHARLEE Program	Psychotherapist	1996-1998

TEACHING

Courses Taught

DEP 5068	Applied Life-Span Development
PCO 5311	Theory, Research, and Treatment of Addictive Behavior
PCO 5211	Couple and Family Therapy
CLP 4373	Psychotherapy
PCO 6206	Advanced Psychotherapy
CLP 5931	Ethics in Counseling & Psychology
CYP 6536	Principles & Methods of Psychological Consultation
PSY 4914	Undergraduate Independent Study
CLP 6625	Clinical Supervision in Mental Health Counseling
CLP 6945	Clinical Practicum
CLP 6943	Advanced Clinical Practicum
CLP 6948	Clinical Internship
CLP 6949	Advanced Clinical Internship
PSY 6945	Teaching Psychology
PSY 5908	Graduate Independent Study

Course and Curriculum Development Activities

Course Development

CLP 6625 Clinical Supervision In Mental Health Counseling: This course was developed to satisfy the requirement for Florida Ch 491, that allows a Mental Health Counselor to apply to become a Qualified Supervisor for the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling.

CLP 6943 Advanced Clinical Practicum: This course was developed to allow students to participate in advanced clinical training in the required practicum hours necessary to become eligible for licensure as a mental health counselor by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling. This course also satisfies the Council for Counseling Related educational Programs (CACREP) Standards allowing students to receive two and a half hours of clinical supervision by a faculty member.

CLP 6949 Advanced Clinical Internship: This course was developed to allow students to participate in advanced clinical training in the required internship hours necessary to become eligible for licensure as a mental health counselor by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling. This course also satisfies the CACREP Standards allowing students to receive two and a half hours of clinical supervision by a faculty member.

PCO 5996 Theory, Research, & Treatment of Addictive Behavior: This course was developed to meet the educational requirements for a course in the content area of Substance Abuse as required by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling and set forth by the standards for CACREP.

CLP 6449 Career Development in Adolescence & Adulthood: This course was developed to meet the educational requirements for a course in the content area of Educational and Vocational Counseling as required by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling and set forth by the standards for CACREP.

PCO 5251 Couples & Family Systems: This course was developed as part of the Counseling Psychology masters program to give students an overview of systems theory as it applies to providing therapy with couples and families.

The following courses were developed as part of the curriculum for the Graduate Certificate In Marriage and Family Therapy. The courses were designed specifically to meet the requirements for licensure as a Marriage & Family Therapist by the Florida Board of Social Work, Marriage & Family Therapy, and Mental Health Counseling.

Theory & Techniques in Couples & Marriage Therapy
Theory & Techniques in Family Therapy
Principles & Practice of Couples & Family Therapy
Contemporary Issues in Family Life & Process

Online/Hybrid Course Development

CLP 4374 Psychotherapy, Blackboard Learn 9 & Moodle versions, FIU Online

CLP 6945 Clinical Practicum- Moodle, FIU UTS

CLP 6943 Advanced Clinical Practicum- Moodle, FIU UTS

CLP 6948 Clinical Internship- Moodle, FIU UTS

CLP 6949 Advanced Clinical Internship- Moodle, FIU UTS

CLP 5931 Ethical Issues in Psychological Practices- Blackboard, FIU Online

PCO 5996 Research, & Tx of Addictive Behavior Blackboard, FIU Online

Practicum & Internship Site Supervisor Training, FIU UTS (Under Construction)

Program Development

Graduate Certificate Program in Marriage & Family Therapy

FIU Department of Psychology, 2010

Developed a graduate certificate program in Marriage & Family Therapy for graduate students with an interest in pursuing dual licensure in Mental Health Counseling and Marriage and Family Therapy.

Professional Psychology Academy

FIU Department of Psychology, 2010

Assisting in the development of a professional academy that features professional graduate and undergraduate programs in psychology, and Continuing Education and professional training in the field of mental and behavior health and wellness.

Professional Counseling Psychology Masters Program: Self-Support Model

FIU Department of Psychology, 2005, 2010

Developed and implemented a value-added, tuition-plus version of our Counseling Psychology masters program that was offered on the Pines Campus 2005-2009. This program has been re launched this fall 2011 on the Madesto Madique Campus. Efforts toward the development of this program included submission of proposal and budget, development of the program design and curriculum delivery format, website design and maintenance, advertisement, marketing, student recruitment, admissions, development of internship site contracts for clinical training, development and coordination of support services, student orientation, faculty hiring and training, student retention, practicum/internship placement, quality assurance protocols. This program is now in it's second year and operating on an \$800,000 budget.

Counseling Psychology Masters Program

FIU Department of Psychology, 2003

Developed curriculum to meet with CACREP Standards for a graduate program in counseling to meet with licensure requirements as a Mental Health Counselor in Florida.

Practicum & Internship Sites

FIU Department of Psychology, 2003

Established dozens of clinical training practicum sites where counseling graduate students are placed for practicum and internship. Sites include but are not limited to hospitals, community mental health agencies, schools, private practices, and substance abuse treatment facilities throughout Miami-Dade and Broward Counties.

Online Site Supervisor Training

FIU Department of Psychology, 2013

Orientation and training for Practicum & Internship Site Supervisors that follows CACREP standards for supervision, along with a supervisor-training manual.

Approved by the Florida Board for CSW, MFT, MHC for 2.0 CE credits.

Qualifying Paper Chair

Providing Cognitive Behavioral Therapy to a Child with Attention Deficit Hyper Activity Disorder. Alyn Cruz, 2004.

Cognitive Behavioral Therapy in the Treatment of Social Anxiety Disorder and Bereavement. Vicky Hausaman, 2005.

Cognitive Behavioral Therapy for a Client with Co-Occurring Substance Abuse Dependence and Bipolar I Disorders. Emory Cohen, 2005.

Treatment for an Adolescent Girl with Conduct Disorder in Level-II Residential Facility Using Cognitive Behavioral Therapy. Danielle Hernandez, 2005.

Cognitive Behavioral Treatment of an adult with Bipolar II Disorder. Zamira Pla, 2005.

Adlerien Based Parent Education Program. Judy Liriano, 2006.

Providing Integrative Therapy for a Same Sex Couple with Partner Relational Problems. Esther Moreno, 2006.

Cognitive Behavioral Therapy to Treat an Adult with Co-Occurring Social Anxiety and Body Dimorphic Disorder. Rosemary San Nicolas, 2006.

Treating Cocaine Dependence with Cognitive Behavior Therapy and 12-Step Program. Gary Silverman, 2006.

Cognitive Behavioral Treatment for a Child Survivor of Sexual Abuse Diagnosed with Post traumatic Stress Disorder. Jennifer Johnston, 2007.

Using Empowerment in the Recovery of Schizophrenia by Challenging Stigma in a Group Setting. Alexandra Brizuela, 2007.

Cognitive Behavior Therapy and Motivational Enhancement Therapy for a Court Ordered Adult in a Residential Adult in Residential Drug Treatment Facility. Jose Macias, 2007.

Trauma Incident Resolution as a Tool to Alleviate Post Traumatic Stress Disorder. Hernan Pisano, 2007.

Implementing Cognitive Behavior Therapy in the Treatment of Oppositional Defiant Disorder Comorbid with Attention Deficit Hyper activity Disorder. Isaac Sochaczewski, 2007.

Desert Rose, An Investigation of Psychological Treatment of a Gulf War Veteran Suffering from Post-Traumatic Stress Disorder. Fannie Cocalides, 2007.

Treating a Young Female with Schizophrenia Using a Multi-Modal Approach. Damary Leon, 2007.

Treating Adolescent Substance Abuse. Luz Maria Martinez, 2008.

Treating Substance Dependence with Cognitive Behavioral Therapy. Shebra reed, 2008.

A Combined Treatment Approach for Children Diagnosed with Oppositional Defiant Disorder in a School Setting. Sandra Rico, 2009

Changes in Adolescent Alcohol Use with Motivational Interviewing. Melissa Sosa, 2009.

Cognitive Behavioral Therapy in the Treatment of Adjustment Disorder. Edward Velez, 2010.

Psychosocial Services in the Treatment of Schizophrenia. Marjorie Palacios, 2009.

Using In-Home Psychosocial Rehab in the Treatment of Low Functioning Clients with Schizophrenia. Henry Keryakes, 2011.

Treating Women with Co-Occurring Substance Abuse and Bipolar Disorder. Vanessa Fernandez, 2012.

Motivational Enhancement Therapy for the Treatment of Cannabis Dependence. Gina Gonzalez, 2012.

Treatment of Cocaine Dependence Using Cognitive Behavioral Therapy. Merceydes Morassi, 2012.

Cognitive Behavioral Therapy for the Treatment of Alcohol Dependence. Alexander De La Torre, 2013.

Qualifying Paper Reader

Integrated Cognitive behavioral Treatment of an Adult with Comorbid Post Traumatic Stress Disorder and Substance Dependence. Tatiana Vasquez-de-Miguel, 2005.

Regaining Control: Using Play Therapy to Treat a Child Suffering from Trauma. Lugarda Parra Bencomo, 2006.

An Application of Marital Therapy. William Berry, 2007.

Integrating a Developmental Approach with Cognitive Behavioral Therapy in Treating an Adolescent with Post-Traumatic Stress Disorder. Bernice Bird, 2007.

The Case of the James Family: Family Therapy with a Family Suffering with Post-Traumatic Stress. Sharon Eichberg, 2007.

Implementing Cognitive Behavioral Therapy with an Adolescent with Substance Dependence Disorder. Erin Bridges, 2007.

Treatment of Borderline Personality Disorder Using a Psychodynamic Approach, Liliana Gonzalez. 2007.

Oppositional Adolescent Jewish Males: The Project Chazak Approach. Noah Lang, 2007.

Cognitive Behavior Therapy: Treating a 10-Year Old Boy with Generalized Anxiety Disorder. Kristin Nicols- Lopez, 2007.

Understanding and Treating Codependence. Shirley Peelosof, 2007.

Utilizing Family Systems Therapy in Treatment of Major Depressive Disorder of an Adolescent in an Inpatient Psychiatric Unit. Carmen Romanach, 2007.

Recovery Approach in Treating Chronic Mental Illness. Jasset Tharpe, 2007.

An Application of Play Therapy for the Treatment of Adjustment Disorder. Deborah Alterac, 2008.

Cognitive Behavioral Therapy for an Individual with Mood Disorder and Multiple Sclerosis. Kara Edgren, 2008.

Reality Therapy in the Treatment of Substance Abuse with an Adolescent Female. Candice Forrest, 2008.

Promoting Positive Life Change in an Adolescent Male in an Anger Management process Group at an Urban Alternative High School. Aimee Jex, 2008.

Cognitive Behavioral Treatment with a Male Youth with Conduct Disorder. Marielle Saba, 2008.

Cognitive Behavioral Treatment of an Individual with Co-Occurring Substance Abuse and Mood Disorders. Zoëann Finzi-Smith, 2010.

Cognitive Behavioral Therapy in the Treatment of Adolescent Substance Abuse. Alexander Hernandez, 2010

Treatment of Cannabis Abuse and Opiate Dependence. Leslie Mendez, 2010.

Cognitive Behavioral Therapy for the Treatment of Cannabis Abuse. Pascale Sangiovani, 2010.

Cognitive Behavior Therapy in the Treatment of Post Traumatic Stress. Krizia Salinas, 2011.

Thesis Committee

The Influence Of Possible Selves On Disordered Eating. Aurelie Lucette, 2011.

Correlations Among Coping Skills And Life Satisfaction In Ethnic Older Adults. Didiana De La Osa, 2011.

Dissertation Committee

Identity, Cohesion, and Enmeshment Across Cultures. Summer Brooke-Gomez, 2014.

Undergraduate Student Supervision

Sarah Paulick, Cry Out Program, FIU Women's Center, 2009

Provided supervision and oversight for the development and implementation of the Cry Out Program offered through the Women's Center at FIU.

This is a support group for young a woman that was offered on a weekly basis on campus, to discuss topics relevant to empowering young women.

Emily Pena, Kristi House- Project Gold, 2010

Provided guidance and supervision for this student to gain field experience in a program that aims to get young girls who are victims of human trafficking off the streets of Miami-Dade County and provide case management and therapeutic services.

PUBLICATIONS IN DISCIPLINE

Lewis Arango, L., Kurtines, W. M., Montgomery, M. J. (2008). Promoting Positive Youth Development: A Relational Data Analysis (RDA), *Journal of Adolescent Research* 23: 291-309.

Kurtines, W. M., Montgomery, M. J., Lewis Arango, L., Kortsch, G., Albrecht, R., Garcia A. (2008). A Multi-Stage Longitudinal Comparative Design Stage II Evaluation of the Changing Lives Program: The Life Course Interview (RDA-LCI), *Journal of Adolescent Research* 23: 310-341.

Garcia, A., Montgomery, M., Kurtines, W., Lewis-Arango, L. (2007). Investigating Group Processes in an Alternative High School Setting: The Changing Lives Program. *Journal of Specialist in Group Work*.

Kurtines, W., Montgomery, M., Arango, L., Kortsch, G.. Does Intervention change anything: New directions in promoting positive youth development. *European Journal of Developmental Psychology*, 2004, 1(4).

Chapters in Books

Kurtines, W. M., Montgomery, M. J., Lewis-Arango, L., & Kortsch, G. (2004). Does Intervention Change Anything? New Directions in Promoting Positive Youth Development. In W. Koops & H. A. Bosma (Eds.), *Social cognition in adolescence: Its developmental significance*. London: Psychology Press.

PRESENTED PAPERS AND POSTERS

Lewis-Arango, L. (2005 Promoting Positive Youth Development: Outreach Research in Action.). Society for Research on Identity Formation, Symposium: Miami, Florida.

Lewis-Arango, L. (2003) Promoting Positive Youth Development. Paper presentation: Society for the Study of Human Development, Harvard University, Cambridge, Massachusetts.

Lisa Lewis Arango, Arlen Garcia, Richard Albrecht, Lynn Hernandez, William Kurtines (April, 2002). Using Life Stories in Evaluating Youth Development Interventions: An Investigation of the Utility of the Life Course Interview (LCI). Paper presented at the biennial meeting of the Society for Research on Identity for Formation, New Orleans, LA.

Montgomery, M., Kurtines, W., Shuman, S., & Lewis Arango, L. (2002, October). The transformed model of school counseling: Practical and pedagogical applications. Paper presented at the meeting of the Association for Counselor Education and Supervision, Park City, UT.

Society for Research on Identity Formation, (May 7, 2001). Symposium. Using Qualitative Markers to Assess Intervention on Long-term Positive Change in Identity Trajectory. London, Ontario, Canada.

Kurtines, W. M., Kortsch, G. Lewis Arango, L. (2001, May). Making life choices: Encouraging identity development in middle adolescents at-risk for problem behaviors. Symposium presented at the Society for Research on Identity Formation, London, Ontario, Canada.

PROPSALS SUBMITTED BUT NOT FUNDED

Principal Investigator, MOMS Project (2007): Moms mentoring mothers who have had their children returned to them from the foster care system. Women's Fund, Miami, FL (Amount \$10,000).

AWARDS

President's Council Award, Faculty Award for Excellence in Graduate Mentorship (Nomination Spring 2013)

OTHER PROFESSIONAL ACTIVITIES AND PUBLIC AND UNVERITY SERVICE

- Wellness Ambassador, FIU
- Emotion-Focused Couples Therapy, 4-Day Externship Spring 2016
- Gottman Method Couples Therapy, Trained in Level II, II Spring 2014
- Certified Gottman Educator- 7 Principles for Making Marriage Work, & Bring Baby Home- Fall 2014
- FIU Office of Engagement, Committee
- FIU Online, Faculty Advising Board
- Agape, Clinical Consultant
- Member of the American Counseling Association
- Member of the Association for Counselor Education and Supervision
- Member of the American Psychological Association
- Member of Association for Contextual Behavioral Science

- Certified Parent Coach, 2006
- Junior League, Miami 2007-2008
- Youth Development Project Miami, FL, Clinical Supervisor (1999-2003)
- Guardian Ad Litem (1995)

TECHNOLOGY

Blackboard Learning Management System

Moodle Learning Management System

Adobe Connect